



# Recreational Jump Rope Classes

Improve coordination, endurance, rhythm, and creativity through learning to jump rope! Students will progress through multiple levels of single rope skills, double dutch, and Chinese wheel. All skill levels are welcome! Advanced students will have the option to join a performance or competitive team.

## Kaysville Recreation Center

85 N 100 E, Kaysville

**Tuesdays 4:00-4:45 PM**

Beginning September 3rd

**Cost: \$30 per month**

**\$15 registration fee**

Jump Rope & T-Shirt Included!

Ages 2nd Grade through Adult

## Registration is Now OPEN!



**Click Here  
or Scan to register!**

<https://bit.ly/2K3T9nu>

## Questions?

Contact Rachel Field

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